



# Health Screenings

## *Program Overview*





## Variety of Services Available

HealthForce Prevention Services staff can travel to your worksite to provide a wide range of employee health and wellness biometric tests, including:

- Blood Lipid Panel
- Computerized Body Composition Analysis
- Blood Pressure Assessment
- Health Risk Assessment (HRA)
- Comprehensive Blood Testing
- Treadmill Testing
- Hearing Tests
- Pulmonary Function Testing





# Quick, Efficient Setup at the Worksite

Our staff is highly efficient and experienced at moving the necessary screening equipment and quickly setting it up at multiple work locations.





# Quick, Efficient Setup at the Worksites

Our team will set up and be ready to serve your employee population shortly after arriving at your worksite.





# Confidential Screening Process

Through years of experience, our Prevention Services Team has developed an extremely efficient and confidential screening process.







# Check-In and Registration

Our Health Screening Program begins with the Check-In and Registration process.





# Blood Pressure Assessment

The screening process can include a private blood pressure assessment and interpretation of the reading.



# Height, Weight, and Body Composition

Participants can also have their height and weight measured, and have their body composition accurately assessed using a non-invasive, computerized method.







# Cholesterol Assessment

Cholesterol and other lipids and lipoproteins are measured at the Blood Draw station by a qualified and highly trained occupational health professional.





# Health Risk Assessment (HRA)

Our Health Risk Assessment (HRA) is a confidential survey tool (choice of online or print format) that evaluates an employee's health behaviors, health risks, readiness to change and other factors.



**Wellness<sup>®</sup> Challenge**  
ONLINE HEALTH RISK ASSESSMENT

### Health Care

Do you have a primary health care provider (a doctor, nurse, or other licensed health professional who provides you with general health care, and referrals to other health professionals when necessary)?

Yes  No

Have you had a health checkup (physical exam) within the past year?

Yes  No

In the past year, how many times have you seen any health care provider?

0 times  1-2 times  3-5 times  6 or more times

In the past year, how many times have you been hospitalized?

0 times  1-2 times  3-5 times  6 or more times



# Treadmill Testing

We also offer treadmill testing to help monitor heart risks of workers in physically strenuous, safety-sensitive or medically remote positions.





# Pulmonary Function Testing

Pulmonary function testing detects and assesses abnormal lung function among employees who could be exposed to on-the-job respiratory hazards.





# Hearing Tests

Your custom-designed Health Screening Program can also include audiometric testing to measure possible hearing loss in employees due to work-related noise exposure.







# Individual Consultations

Each employee taking part in the program can also receive a private, one-on-one health consultation by a Health Promotion Specialist.





# Professional Massage

Individual seated massage, provided by a Licensed Massage Practitioner, can be offered to participants as part of your Health Screening Program.





## More Information

For more information on our Health Screenings Program, contact our Customer Support Team today!

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